

Working with Attachment

August 2020

INTRODUCTION

John Bowlby (1969) describes attachment as a "lasting psychological connectedness between human beings" (p.194) and that the relationship between an infant and their primary caregiver will shape their attachment style in close relationships for life. How do we then recognise and work with that as professionals?

COURSE CONTENT

The course aims to familiarise participants with the concepts of Attachment Theory supported by research and knowledge of brain development and cultural factors.

"Attachment is not a characteristic of either the child or the parent, it is a characteristic of the relationship" (Bowlby, 2008 p.122).

We will explore how this translates to a healing relationship, focusing on the professional as a 'secure base', begin to identify and recognise attachment patterns and opportunities for repair.

WHO SHOULD APPLY

This course is suitable for anyone who is interested in learning more about attachment, with particular focus of psychotherapy and mental health professional

AWARD

Certificate of Attendance and Participation

FACILITATOR



Frankie Brown

Frankie is an accredited psychotherapist working in private practice as well as a lecturer at IICP College. She specialises in working with adolescents and attachment and is trained in Level One Attachment Based Family Therapy. Whilst she believes that there is no single 'right' way to work with a client, her understanding of relationships, bonds and personal-development has been heavily influenced by Attachment Theory, in addition to Choice-Theory and Person-Centered Theory.

CPD

6 Hours

COST

€95

15% discount for IICP Students / Alumni and VCS Counsellors: €80.75
**This course is part of IICP's Summer Series and eligible for our 3 for 2 offer. The discount for IICP Students / Alumni and VCS Counsellors cannot be used in conjunction with the 3 for 2 offer.*

DATE & TIME

29 August 2020

9:30am – 4:30pm

VENUE

IICP College, Killinarden Enterprise Park, Tallaght, Dublin 24

APPLY

Visit us online:

www.iicp.ie/summerseries2020

OR

Complete the application form overleaf

Application Form

Please note, in order to process your application, all fields need to be completed.

PLEASE USE BLOCK CAPITALS

PERSONAL DETAILS

| | |
|---|-----------------|
| First Name: | Surname: |
| Name as it should appear on certificate (if different): | |
| Address: | |
| | |
| Mobile No.: | E-Mail Address: |
| Occupation: | |
| IICP Student / Alumni or VCS Counsellor (yes/no): | |
| (if yes, state course or student number): | |

How did you find out about this Course? Please tick the appropriate box below:

- | | | |
|---|--|--|
| <input type="checkbox"/> Activelink | <input type="checkbox"/> Newspaper Advertisement | <input type="checkbox"/> Professional Body |
| <input type="checkbox"/> Google/Internet Search | <input type="checkbox"/> Online Course Directory | <input type="checkbox"/> Social Media |
| <input type="checkbox"/> IICP Mailing List | <input type="checkbox"/> Personal Recommendation | <input type="checkbox"/> Other |

If other (please specify):

PAYMENT METHODS:

Online: pay securely online at www.iicp.ie/product/summerseries2020

Debit/Credit Card: contact the office on 01 466 4205

EFT Payment: *BIC/Swift Code* - AIBKIE2D *IBAN* - IE16AIBK93213212752502

Cheque/Postal Order/Bank Draft Enclosed: make payable to IICP Education and Training Limited

Cash Enclosed:

Please note that bookings operate on a first paid, first secured basis so please book and pay promptly to avoid disappointment.

I wish to apply for this course:

| | |
|---------|--------|
| Signed: | Dated: |
|---------|--------|

All programmes are run subject to sufficient demand and the formation of a viable class cohort (which shall be determined in the sole discretion of IICP College). A refund of any fees paid will be given to applicants in the event that the programme does not proceed. Fees are not refundable in any other circumstances.

Receipts will be made available to you/your organisation on receipt of payment. Please note all fees are due in advance of programme commencement.

IICP College would like permission to retain your contact details including your mobile number and email address which may be used to keep you informed about our future courses, events, offers and news.

To receive such information, please tick the box. You can unsubscribe at any time.

Completed forms can be emailed to Triona@iicp.ie or posted to Triona Kearns, Director of Registry and Operations, IICP College, Killinarden Enterprise Park, Tallaght, Dublin 24. Alternatively, completed forms may be dropped into the IICP College office in person