

## Using EBSCO eBooks

### About eBooks

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- e-books are available anywhere once students are logged in to EBSCO so they don't have to wait for a college day to borrow these books
- There is also less wait time before you can use a book; each title can be accessed by three users at any one time, once these users log out they are freed up for the next student.
- The full reference for each book can be exported easily from the e-book platform
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There are two ways that you can identify eBook titles relevant to your research:

- Through the library catalogue
- By going directly to the EBSCO eBook platform

### The Library Catalogue

- If you do a search on the library catalogue for a topic, book title, author etc and one or more of the results has "EBSCO eBook" in front of the title, then this book is available in eBook format.
- If you search directly for EBSCO eBook you will be able to view a full list of eBooks available.
- In order to access this eBook you will need to log in to EBSCO through your Moodle account.

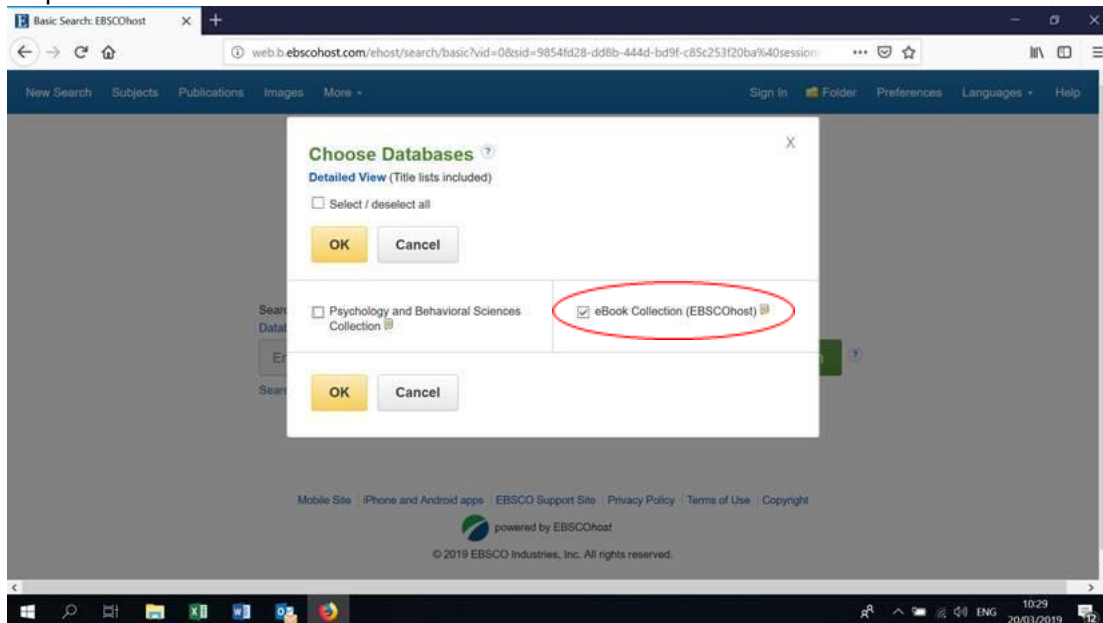
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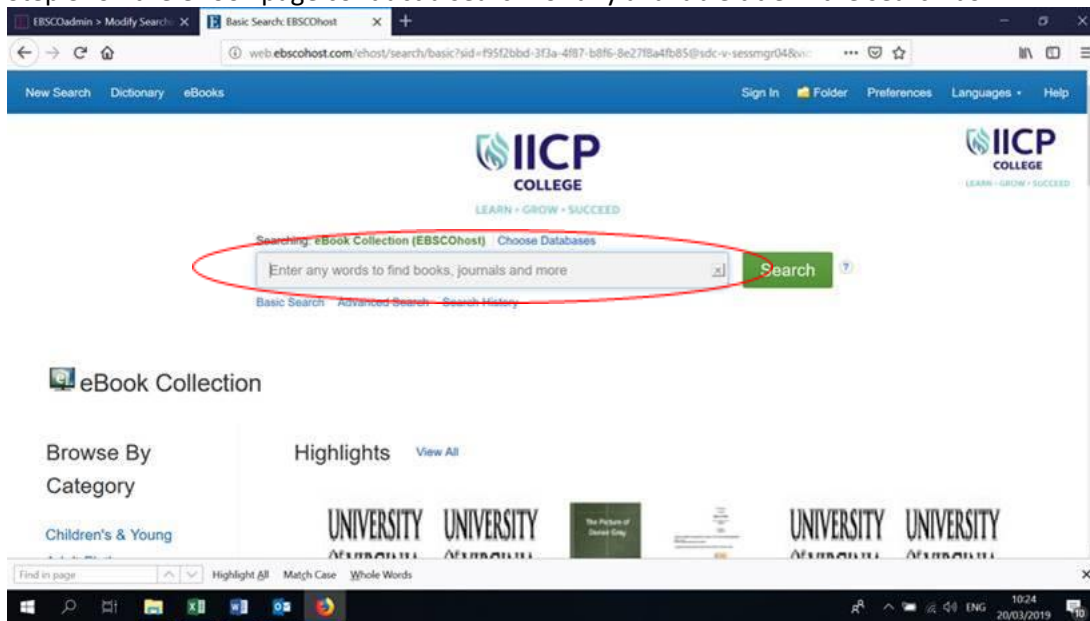
Step 1: log on to EBSCO and click on "choose databases"

The screenshot displays the EBSCOhost search interface for IICP College. At the top, the IICP College logo is visible with the tagline "LEARN · GROW · SUCCEED". Below the logo, the text "Searching: Psychology and Behavioral Sciences Collection" is highlighted with a red circle, followed by a "Choose" link. Underneath, the text "Databases" is also visible. A search bar contains the placeholder text "Enter any words to find books, journals and more" and a green "Search" button. The page footer includes links for "Mobile Site", "iPhone and Android apps", "EBSCO Support Site", "Privacy Policy", "Terms of Use", and "Copyright". It also mentions "powered by EBSCOhost" and "© 2019 EBSCO Industries, Inc. All rights reserved." The browser address bar shows the URL "web.b.ebscohost.com/ehost/search/basic?vid=0&sid=9854fd28-dd8b-444d-bd9f-c85c253f20ba%40session:".

## Step 2: Select eBook Collection



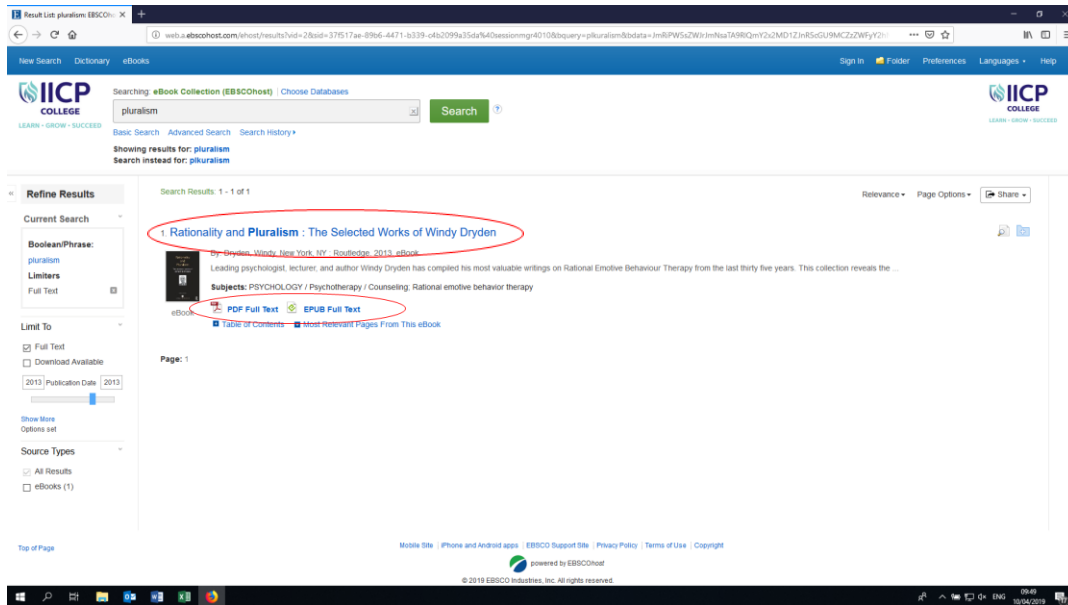
## Step 3: on the eBook page conduct a search for any available title in the search box



## Using eBooks on EBSCO

Once you find the book you need you can click on the title of the book for more information about the book, or you can click on one of the full text options below the book to directly access the full title.

Full text options include PDF and ePub formats. Both might not be available for each book. The ePub format offers slightly better functionality than the PDF format.



In the example below, the ePub format has been chosen.

From this page you have many options:

- You can access the book content using the navigation options of the left panel
- Using the menu directly above the book you can
  - Save the book to your folder on EBSCO
  - Print pages
  - Email pages
  - Cite the book (you can select the APA reference style for your citation)

Rationality and Pluralism : The Selected Works of Windy Dryden

Author: Dryden, Windy  
Date: 2013  
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eBook Availability: 2 of 3 copies available

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- 4. Rational-emotive therapy and cognitive therapy: a critical comparison
- 5. Language and meaning in RET
- 6. Vivid methods in rational-emotive therapy
- 7. The therapeutic alliance in rational-emotive individual therapy
- 8. Compromises in rational-emotive therapy
- 9. Self-disclosure in rational-emotive therapy
- 10. Reason and emotion in psychotherapy: thirty years on
- 11. Rationality, outrageous ideas and sensitivity
- 12. Understanding persons in the context of their problems: a rational-emotive behaviour therapy perspective

Rationality and Pluralism  
The selected works of  
WINDY DRYDEN

WINDY DRYDEN  
world library of MENTAL HEALTH

99/31  
10/04/2019

## EBSCO eBook Current Selection

Category	Author	Year	Title	Publisher
Abnormal Psychology	Carr, Alan	2001	Abnormal Psychology	Psychology Press
Abnormal Psychology	Sanderson, Christiane.	2014	Counselling Skills for Working with Trauma : Healing From Child Sexual Abuse, Sexual Violence and Domestic Abuse	Jessica Kingsley Publishers
Abnormal Psychology	Friedman, Matthew J.- Resick, Patricia A.-Keane, Terence M.	2014	Handbook of PTSD, Second Edition : Science and Practice	The Guilford Press
Bereavement, Loss & Grief	Walter, Carolyn Ambler.-McCoyd, Judith L. M.	2009	Grief and Loss Across the Lifespan : A Biopsychosocial Perspective	Springer Publishing Company
Bereavement, Loss & Grief	McIntosh, John L.-Jordan, John R.	2011	Grief After Suicide : Understanding the Consequences and Caring for the Survivors	Routledge
Bereavement, Loss & Grief	Neimeyer, Robert A.	2016	Techniques of Grief Therapy : Assessment and Intervention	Routledge
Bereavement, Loss & Grief	Kübler-Ross, Elisabeth-Kessler, David	2014	On Grief and Grieving : Finding the Meaning of Grief Through the Five Stages of Loss	Simon & Schuster UK
Bereavement, Loss & Grief	Kubler-Ross, Elisabeth.-3M Company.	2011	On Death and Dying	Scribner
Child & Adolescent	Hornby, Garry.-Hall, Carol-Hall, Eric	2003	Counselling Pupils in Schools : Skills and Strategies for Teachers	Routledge

Child & Adolescent	Landreth, Garry L.	2012	Play Therapy : The Art of the Relationship	Routledge
Child & Adolescent	Sukhodolsky, Denis G.-Scahill, Lawrence.	2012	Cognitive-Behavioral Therapy for Anger and Aggression in Children	The Guilford Press
Child & Adolescent	Cristea, Ioana Alina-Stefan, Simona-David, Oana-Mogoase, Cristina-Dobrean, Anca	2016	REBT in the Treatment of Anxiety Disorders in Children and Adults	Springer
Clinical Practice	Dryden, Windy.	1992	Hard-Earned Lessons From Counselling in Action	SAGE Publications Ltd
Clinical Practice	Barkham, Michael.-Wiley InterScience (Online service)-Hardy, Gillian E.-Mellor-Clark, John.	2010	Developing and Delivering Practice-Based Evidence : A Guide for the Psychological Therapies	Wiley-Blackwell
Clinical Practice	Stout, Chris E.	2012	Getting Better at Private Practice	Wiley
Counselling Skills	McLeod, John-McLeod, Julia.	2011	Counselling Skills : A Practical Guide for Counsellors and Helping Professionals	McGraw-Hill Education
Counselling Skills	Geldard, Kathryn.-Geldard, David.	2012	Personal Counseling Skills : An Integrative Approach	Charles C Thomas
Counselling Skills	Evans, Gail.	2013	Counselling Skills For Dummies	For Dummies
Counselling Theory: Textbook	McLeod, John	2013	An Introduction to Counselling.	McGraw-Hill Education
Counselling Theory: ACT	Flaxman, Paul Edward.-Bond,	2011	Acceptance and Commitment Therapy : Distinctive Features	Routledge

	Frank W.- Blackledge, J. T.			
Counselling Theory: Art Therapy	Buchalter, Susan I.	2009	Art Therapy Techniques and Applications	Jessica Kingsley Publishers
Counselling Theory: Choice Theory, Reality Therapy	Wubbolding, Robert E.	2000	Reality Therapy For the 21st Century	Routledge
Counselling Theory: Choice Theory, Reality Therapy	Wubbolding, Robert E.-Brickell, John	2017	Counselling with Reality Therapy	Routledge
Counselling Theory: Integrative	Faris, Ariana.- Ooijen, Els van.	2011	Integrative Counselling & Psychotherapy : A Relational Approach	SAGE Publications Ltd
Counselling Theory: MI	Miller, William R.- Rollnick, Stephen	2013	Motivational Interviewing, Third Edition : Helping People Change	The Guilford Press
Counselling Theory: Mindfulness	Baer, Ruth A.	2014	Mindfulness-Based Treatment Approaches : Clinician's Guide to Evidence Base and Applications	Academic Press
Counselling Theory: PCT	Tudor, Keith- Worrall, Mike.	2006	Person-Centred Therapy : A Clinical Philosophy	Routledge
Counselling Theory: Play Therapy	Howard, Justine- Prendiville, Eileen	2017	Creative Psychotherapy : Applying the Principles of Neurobiology to Play and Expressive Arts-based Practice	Routledge
Counselling Theory: Pluralism	Dryden, Windy.	2013	Rationality and Pluralism : The Selected Works of Windy Dryden	Routledge

Counselling Theory: Pluralism	McLeod, John	2018	Pluralistic Therapy : Distinctive Features	Routledge
Counselling Theory: Psychoanalysis	Etchegoyen, R. Horacio	2005	The Fundamentals of Psychoanalytic Technique	Routledge
Counselling Theory: Psychoanalysis	Farrelly Quinn, Stephanie.- Owens, Carol.	2017	Lacanian Psychoanalysis with Babies, Children, and Adolescents : Further Notes on the Child	Routledge
Personal Development	Leary, Mark R.- Tangney, June Price.	2012	Handbook of Self and Identity, Second Edition	The Guilford Press
Philosophy	LeBon, Tim.	2007	Wise Therapy	SAGE Publications Ltd
Professional Development	Wosket, Val	1999	The Therapeutic Use of Self : Counselling Practice, Research and Supervision	Routledge
Professional Development	Rønnestad, Michael Helge.- Skovholt, Thomas M.	2013	The Developing Practitioner : Growth and Stagnation of Therapists and Counselors	Routledge
Professional Development	Feltham, Colin	2010	Critical Thinking in Counselling and Psychotherapy	SAGE Publications Ltd
Research & Education	Timulak, Ladislav.	2008	Research in Psychotherapy and Counselling	SAGE Publications Ltd
Research & Education	Bell, Judith	2010	Doing Your Research Project : A Guide for First-time Researchers in Education, Health and Social Science	McGraw-Hill Education
Research & Education	Galvan, Jose L.- Galvan, Melisa	2017	Writing Literature Reviews : A Guide for Students of the Social and Behavioral Sciences	Routledge
Sexuality	Shaw, Elizabeth-O'Donovan, Amanda-Butler, Catherine	2010	Sex, Sexuality and Therapeutic Practice : A Manual for Therapists and Trainers	Routledge



Sexuality	Hedges, Lawrence E.	2011	Sex in Psychotherapy : Sexuality, Passion, Love, and Desire in the Therapeutic Encounter	Routledge
Sexuality	Kelly, Mark G. E.	2013	Foucault's History of Sexuality	Edinburgh University Press
Sexuality	Hall, Kathryn S. K.-Binik, Yitzchak M.	2014	Principles and Practice of Sex Therapy, Fifth Edition	The Guilford Press
Sociology	Durkheim, Émile- Spaulding, John A.- Simpson, George	2002	Suicide : A Study in Sociology	Routledge
Sociology	Morrall, Peter.	2008	The Trouble with Therapy : Sociology and Psychotherapy	McGraw-Hill Education
Sociology	Rogers, Anne.- Pilgrim, David.	2010	A Sociology Of Mental Health And Illness	McGraw-Hill Education
Sociology	Salecl, Renata.	2011	The Tyranny of Choice	Profile Books
Sociology	Link, Bruce G.- Turner, R. Jay- Johnson, Robert J.	2014	Sociology of Mental Health : Selected Topics From Forty Years 1970s-2010s	Springer
Sociology	Verhaeghe, Paul.- Hedley-Prole, Jane.	2015	What About Me? : The Struggle for Identity in a Market-based Society	Scribe
Sociology	Cockerham, William C.	2017	Sociology of Mental Disorder	Routledge
Supervision	Hawkins, Peter- Shohet, Robin.	2006	Supervision in the Helping Professions	McGraw-Hill Education
Supervision	Creaner, Mary.	2013	Getting the Best Out of Supervision in Counselling & Psychotherapy : A Guide for the Supervisee	SAGE Publications Ltd
Supervision	Page, Steve- Wosket, Val	2014	Supervising the Counsellor and Psychotherapist : A Cyclical Model	Routledge