

## Counselling Skills Web Portals

<b>Basic Counseling Skills: Kim Lampson, PhD</b>	<a href="https://www.youtube.com/watch?v=ankWMLepQsE">https://www.youtube.com/watch?v=ankWMLepQsE</a>
<b>The Counselling Tutor</b> YouTube channel – instructional videos on counselling skills and much more	<a href="https://www.youtube.com/channel/UCSnEXvOOpzPkB01mvIUl-2g">https://www.youtube.com/channel/UCSnEXvOOpzPkB01mvIUl-2g</a>
<b>The Gloria Tapes</b> – 3 recorded sessions with leading figures in C&P using different approaches: Carl Rogers/Person Centred Fritz Perls:/Gestalt Therapy Albert Ellis/REBT	<a href="https://www.youtube.com/watch?v=5errJ-u2_eg">https://www.youtube.com/watch?v=5errJ-u2_eg</a>
<b>Lecture on Person Centred Counselling</b>	<a href="https://www.youtube.com/watch?v=tOoL2Wn4PcE">https://www.youtube.com/watch?v=tOoL2Wn4PcE</a>
<b>Helping Skills: Facilitating Exploration, Insight, and Action</b> , Fourth Edition. Instructor and Student Resource Guide By Clara E. Hil	<a href="http://pubs.apa.org/books/supp/hill4/index.cfm?action=students">http://pubs.apa.org/books/supp/hill4/index.cfm?action=students.</a>