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# Professional Knowledge Seminar

## presented by John C. Norcross, Ph.D., ABPP

### Psychotherapy Integration: How it Improves Outcomes

#### INTRODUCTION

This seminar will analyse, clarify and develop the intersecting reasons for the rise of psychotherapy integration and review its four pathways – theoretical integration, technical eclecticism, common factors, and assimilative integration. Throughout the day Dr. Norcross will outline and practice how each pathway improves client health and happiness – the treatment outcomes.

#### COURSE CONTENT

During the seminar we will review the meta-analytic research and clinical practices on

- (1) Effective elements of the therapy relationship (common factors),
- (2) Effective methods of adapting that relationship to the individual patient (technical eclecticism),
- (3) Effective therapies that combine multiple therapies (theoretical integration) and,
- (4) Effective practice where therapists move in an integrative fashion, but from a position of single-system comfort and strength (assimilative integration).

We will conclude with a review of future trends for psychotherapy, based on ongoing and current research studies. These studies seem to point towards an integrative stance with the purpose being to improve psychotherapy effectiveness.

#### WHO SHOULD APPLY

This course will be of interest to therapists, mental health professionals and students who are interested in learning more about the subject area.

#### FACILITATOR



#### JOHN C. NORCROSS, Ph.D., ABPP

Dr. John Norcross is a Distinguished Professor of Psychology at the University of Scranton, Adjunct Professor of Psychiatry at SUNY Upstate Medical University, and a board-certified clinical psychologist.

John has published over 400 publications and has co-written/edited 22 books, principally in the areas of psychotherapy, clinical psychology, professional training, and self-change.

Co-editor of the 'Handbook of Psychotherapy Integration' along with Marvin Goldfried. This book was hailed as "the bible of the integration movement", a state-of-the-art, comprehensive description of psychotherapy and its clinical practices by leading proponents.

#### AWARD

Certificate of Attendance and Participation

#### CPD

6 Hours

#### COST

Special Early Bird rate of €90 (€76.50 for Alumni) for all bookings received before 15 March 2019, €120 thereafter.

#### DATE & TIME

Thursday 04 April 2019  
10.00am to 4.30pm

#### VENUE

Green Isle Hotel, Clondalkin,  
Dublin 22

#### APPLY

Visit us online:  
[www.iicp.ie/cpdcourses/pkseminar2019](http://www.iicp.ie/cpdcourses/pkseminar2019)

#### OR

Complete the application form overleaf

# Application Form

Please note, in order to process your application, all fields need to be completed.

PLEASE USE BLOCK CAPITALS

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Name as it should appear on certificate (if different):	
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Completed forms can be emailed to [Triona@iicp.ie](mailto:Triona@iicp.ie) or posted to Triona Kearns, Registrar and Dean of Academic Affairs, IICP College, Killinarden Enterprise Park, Tallaght, Dublin 24. Alternatively, completed forms may be dropped into the IICP College office in person.