

# BA (Hons) in Integrative Counselling & Psychotherapy

September 2019

## INTRODUCTION

Our four-year BA (Hons) in Integrative Counselling and Psychotherapy is now enrolling for the 2019 intake. This innovative programme is validated by QQI and accredited by IACP, Ireland's largest professional body. With a seamless transition from theory to practice, graduates of this programme are perfectly placed to pursue an enriching and fulfilling career as a therapist in the helping professions.

## COURSE STRUCTURE

The programme is delivered on a part-time basis. There are a number of options available:

### Weekly Delivery:

Tuesday 9:30am-5:00pm; or  
Saturdays 9:30am-5:00pm

### Block Delivery (Monthly):

Friday 6:00pm-10:00pm  
Saturday 9:00am-5:00pm  
Sunday 9:00am-5:00pm

There is a 90% attendance requirement. There is one additional Professional Knowledge Seminar per year.

## STUDENT BENEFITS

With a high level of student support, learners can attain the required skills to effectively respond to those in emotional or psychological distress.

Learners are afforded the space, time and support to develop an integrative model of practice for work with clients. With established links to an on-site therapy centre, IICP offers a seamless transition from classroom to clinical practice.

## WHO SHOULD APPLY

This course is designed for people who wish to become professional therapists, or for those who have an opportunity to use counselling skills as part of their work.

The programme will also appeal to a variety of professionals who wish to augment and build upon previous training in the addiction, social care, health, education and mental health professions.

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## OUR ETHOS

IICP prides itself on an ethos of student support. While undertaking this dynamic and exciting programme of study, learners are guided and nurtured as they acquire the necessary skills, knowledge and competence to become effective practitioners. Learners are fully supported in terms of obtaining a relevant clinical placement, where they can complete the required client hours.

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### ENTRY ROUTES:

- A qualification recognised at Level 5 on the National Framework of Qualifications (NFQ) e.g. Leaving Certificate is required for entry onto this programme. Those with substantial life experience can apply under our recognition of prior learning and experience policy.
- Learners will be invited to an interview with faculty as part of the application process.

### VALIDATION OF AWARD:

This BA (Hons) is a major award validated by QQI at Level 8 on the NFQ.

### ACCREDITATION OF AWARD:

IICP's BA (Hons) is professionally accredited by the Irish Association for Counselling and Psychotherapy (IACP).

### CREDITS:

240 ECTS

### ASSESSMENT:

Learners are assessed through a continuous assessment strategy, which includes a variety of mediums such as individual and group projects, skills training assessments, case studies and process recordings, written assignments, essays and a dissertation.

### PROTECTION FOR ENROLLED LEARNERS:

This programme is covered by arrangements under section 65 (4) of the Qualifications and Quality Assurance (Education and Training) Act 2012 whereby, in the event of IICP College ceasing to provide the programme for any reason, enrolled learners may transfer to a similar programme at another provider, or, in the event that this is not practicable, the fees most recently paid will be refunded.

### DATES:

Starts September 2019. Please refer to website for full breakdown of dates - [www.iicp.ie/degree](http://www.iicp.ie/degree)

### PROGRAMME LECTURERS:

We have a large faculty team, including:

- Prof. Michael O'Rourke
- Dr. Eve Watson
- Dr. Linda Finnegan
- Dr. Maria Quinlan
- David O'Regan
- Dermot O'Neill
- Ann Frey
- Christy Kenneally
- Stephen Rowen
- Eamon McElwee
- Gayle Kearney

### ADDITIONAL COURSE REQUIREMENTS AND COSTS:

- **Personal Therapy** – Learners complete 50 hours of personal therapy over the duration of the programme.
- **Clinical Supervision** – Learners complete a minimum of 24 hours of one-to-one supervision over the duration of the programme.
- **Group Therapy** – Learners complete 10 sessions of group therapy in the final stages of the programme. Average cost: €20 per session.
- **Professional Knowledge Seminar** – Learners attend IICP's annual Professional Knowledge Seminar each year.
- **IACP** – In advance of commencing clinical work in third year, learners obtain student membership of IACP and achieve successful IACP Garda vetting. Cost: €84 for membership and €30 for Garda vetting in 2018, which may be subject to change from time to time.
- **Clinical Work** – Learners complete 120 hours of direct one-to-one client work as part of the programme.

Learners understand that the costs of these activities are not covered by programme fees and that successful completion of the BA (Hons) is dependent on submitting the necessary evidence that these criteria are fulfilled.

Personal therapy and clinical supervision can cost from €30 per session upwards. Fees are negotiable between learners and individual therapists/supervisors.

### WHY CHOOSE IICP?

- IICP has a proven track record, having delivered professional counselling and psychotherapy training since 2003.
- IICP has a first-class faculty team, with expertise in both the field of counselling and psychotherapy, and in teaching and learning.
- The BA (Hons) is an engaging and exciting programme of study, that expertly blends theory, skills and personal development.
- QQI validation ensures the award is recognised nationally as well as internationally.
- IACP course accreditation means that graduates of our BA (Hons) can become pre-accredited members of Ireland's largest professional body.
- Our integrative approach equips learners with the ability to utilise a range of therapeutic approaches – clients are different and may want and need different approaches to therapy.
- IICP has a high level of student support. Learners are guided and nurtured as they progress during the programme.
- IICP has established links with an on-site clinical placement centre, Village Counselling Service (VCS), which is the largest community-based counselling service in Ireland. Additionally, there are many other approved placement centres throughout Ireland, with whom we work.
- IICP is a member of the Higher Education Colleges Association (HECA).

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### PROGRAMME CONTENT:

#### Year One:

	SEMESTER ONE	SEMESTER TWO
<b>Class 1:</b>	An Introduction to Counselling & Psychotherapy	Theory of Counselling & Psychotherapy 1
<b>Class 2:</b>	An Introduction to Counselling Skills	Adv. Microskills of Counselling & Psychotherapy 1
<b>Class 3:</b>	An Introduction to Personal Development	Bereavement, Loss & Grief
<b>Class 4:</b>	Dynamics of Addiction	Ethics and Values

#### Year Two:

	SEMESTER ONE	SEMESTER TWO
<b>Class 1:</b>	Theory of Counselling & Psychotherapy 2	Group Process and Facilitation
<b>Class 2:</b>	Adv. Microskills of Counselling & Psychotherapy 2	Couples Counselling
<b>Class 3:</b>	Personal Development	Professional Skills
<b>Class 4:</b>	Developmental Psychology	Skills Process & Practice

#### Year Three:

	SEMESTER ONE	SEMESTER TWO
<b>Class 1:</b>	Clinical Practice & Professional Development 1	Research Methods & Statistics
<b>Class 2:</b>	Sexuality	Clinical Practice & Professional Development 2
<b>Class 3:</b>	Supervision	Practice Development
	Clinical Placement Hours and External Supervision Generally Commence in Year Three	

#### Year Four:

	SEMESTER ONE	SEMESTER TWO
<b>Class 1:</b>	Working with Children & Adolescents	Pluralistic Counselling & Psychotherapy
<b>Class 2:</b>	Advanced Professional Practice	Family Dynamics & Clinical Implications
<b>Class 3:</b>	Applied Research Methods	Group Therapy
<b>Class 4:</b>	Abnormal Psychology	Supervision Groups & Research Supervision



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### SECTION 4: REFERENCES

Please give the names of two referees who can vouch for your suitability for entry onto this programme:

Name:	Name:
Nature of Relationship & Occupation:	Nature of Relationship & Occupation:
Contact Details:	Contact Details:

### CHECKLIST:

Please ensure that all items below are attached as we cannot consider incomplete applications.

- Application Fee of €60.00 (tick payment method below)
- Copies of Awards and Transcripts
- Up-to-date Curriculum Vitae

### CHOICE OF DAY:

Please write whether you are applying for the Tuesday or Saturday or Block delivery Option

### PAYMENT METHODS:

**Online:** pay securely online at [www.iicp.ie/payment/](http://www.iicp.ie/payment/)

**Debit/Credit Card:** contact the office on 01 466 4205

**EFT Payment: BIC/Swift Code - AIBKIE2D IBAN - IE16AIBK93213212752502**

**Cheque/Postal Order/Bank Draft Enclosed:** make payable to IICP Education and Training Limited

**Cash Enclosed:**

  
  
  
  

Please note that bookings operate on a first paid, first secured basis so please book and pay promptly to avoid disappointment.

I wish to apply for the BA (Hons) in Integrative Counselling and Psychotherapy:

Signed:	Dated:

All programmes are run subject to sufficient demand and the formation of a viable class cohort (which shall be determined in the sole discretion of IICP College). A refund of any fees paid less the application fee will be given to applicants in the event that the programme does not proceed. Fees are not refundable in any other circumstances.

Receipts will be made available to you/your organisation on receipt of payment. Please note all fees are due in advance of programme commencement unless you have signed up to a payment plan.

IICP College would like permission to retain your contact details including your mobile number and email address which may be used to keep you informed about our future courses, events, offers and news.

To receive such information, please tick the box. You can unsubscribe at any time.

Completed forms can be emailed to [Triona@iicp.ie](mailto:Triona@iicp.ie) or posted to Triona Kearns, Director of Registry & Operations, IICP College, Killinarden Enterprise Park, Tallaght, Dublin 24. Alternatively, completed forms may be dropped into the IICP College office in person.

### TESTIMONIALS FROM PAST STUDENTS:

#### Mia Doering - BA Graduate

In my time at IICP, my experience of myself and my world has been thrown open. It has been revolutionised, and gradually has settled in a much broader, more open, healthier place.

I learnt that psychotherapy theories are not just to glean skills to use with clients, or something to reference for essays, but are maps for our daily existence, our relationships, or experience of being. I am braver, tougher, stronger, kinder.

#### Niamh Crowley - BA Graduate

For any person reading this and considering joining the IICP family I can highly recommend it. Some tips I would give are don't panic if you have never written an academic paper; the lecturers are superb and on hand to assist and even do a workshop on it. You will make friends in your class that you will have, I believe, for life.

#### COST:

Application Fee:	€60
Annual Fees:	€3,875

*Inclusive of QQI registration fee of €200 and PK Seminar. Following successful interview, a deposit of €1,155 is required to secure your place. Flexible payment plans available.*

#### VENUE:

IICP College, Killinarden Enterprise Park, Tallaght, Dublin 24

#### FOR FURTHER INFORMATION:

IICP College  
T: +353 1 466 4205

#### Triona Kearns

Directory of Registry & Operations

T: 086 049 9154  
E: triona@iicp.ie

#### Marcella Finnerty

College President

T: 086 260 9989  
E: marcella@iicp.ie

#### TO APPLY:

Visit us online:  
[www.iicp.ie/courses/degree/](http://www.iicp.ie/courses/degree/)

OR

Complete attached application form



QQI AWARD

**iicp**