

# Certificate in Counselling and Psychotherapeutic Studies

February 2019 – April 2019

## INTRODUCTION

Our Certificate is the perfect entry point for those considering a career in counselling and psychotherapy as it contains an excellent mix of the subjects which are core to counsellor development. All IICP faculty teaching on this programme are therapy practitioners, which means they put their teaching into a real-world context.

## COURSE STRUCTURE

The programme is highly interactive and delivered through a variety of teaching approaches such as lectures, group discussion, experiential work, individual exercises, and self-directed learning.

The programme consists of three modules delivered on Sundays and Thursdays over three months. Each module carries its own assessment, and all three modules are based on a continuous assessment strategy.

## STUDENT BENEFITS & SUPPORT

As our certificate is conferred at Level 6 on the National Framework of Qualifications (NFQ), it evidences the rigour required for a quality programme of learning. The dynamic mix of theory, skills, group work, practice and personal development ensures learners grow academically, professionally, personally and interpersonally within frameworks that are on the cutting edge of best practice.

## WHO SHOULD APPLY?

This programme is suitable for those either working in the helping professions, or interested in seeking to develop their awareness of what is involved in training as a counsellor/psychotherapist.

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## OUR ETHOS

At the heart of the training provided in IICP lies the belief that people are experts in their own story. IICP promotes a warm, safe, environment that is free from fear, criticism and coercion. We work with each student on an individual case-by-case basis to ensure this programme meets the learning styles of a diverse population.

# IICP College

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### ENTRY ROUTES:

- A qualification recognised at level 5 on the National Framework of Qualifications (NFQ) such as the Leaving Certificate is required for entry onto this programme.
- Those with substantial life experience can also apply under our recognition of prior learning and experience policy.

### VALIDATION OF AWARD:

This Certificate is a Special Purpose Award validated by QQI at level 6 on the NFQ.

### CREDITS:

20 ECTS

### MODULES COVERED:

- Introduction into Counselling and Psychotherapy (5 ECTS)
- Introduction into Counselling Skills (10 ECTS)
- Introduction into Personal Development (5 ECTS)

### ASSESSMENT:

Modules are assessed through a continuous assessment strategy.

### PROGRAMME LECTURER:

Pamela Patchell & Frankie Browne

### PROGRESSION:

Students who complete the Certificate can continue onto our BA (Hons) programme in April 2019. Contact the office for further details.

### PROTECTION FOR ENROLLED LEARNERS:

This programme is covered by arrangements under section 65 (4) of the Qualifications and Quality Assurance (Education and Training) Act 2012 whereby, in the event of IICP College ceasing to provide the programme for any reason, enrolled learners may transfer to a similar programme at another provider, or, in the event that this is not practicable, the fees most recently paid will be refunded.

### PROGRAMME AIMS:

Upon completion, learners will be able to:

- Demonstrate broad elementary knowledge of two main therapy approaches; Person Centred Therapy and Choice Theory/ Reality Therapy.
- Identify the scope and limitations of counselling and psychotherapy.
- Appreciate basic ethical considerations for working with others.
- Describe the essential components of a therapeutic relationship.
- Apply core counselling and psychotherapeutic skills in simulated practice.

### DATES

Day	Date	Time
Sunday	03 February 2019	9.30am – 4.30pm
Thursday	07 February 2019	7.00pm - 10:00pm
Sunday	10 February 2019	9.30am – 4.30pm
Thursday	14 February 2019	7.00pm – 10.00pm
Sunday	17 February 2019	9.30am – 4.30pm
Thursday	21 February 2019	7.00pm – 10.00pm
Sunday	03 March 2019	9:30am – 4.30pm
Sunday	10 March 2019	9:30am – 4.30pm
Sunday	24 March 2019	9:30am – 4.30pm
Thursday	28 March 2019	7:00pm – 10.00pm
Sunday	07 April 2019	9.30am – 4.30pm
Sunday	14 April 2019	9.30am - 4.30pm

### COST:

Course Fee: €1,300

*Inclusive of QQI registration fee of €50. A non-refundable deposit of €390 is required upon application. Flexible payment plans available.*

### VENUE:

IICP College, Killinarden Enterprise Park, Tallaght, Dublin 24



QQI AWARD

### FOR FURTHER INFORMATION:

IICP College  
T: +353 1 466 4205

**Triona Kearns** Director  
of Registry &  
Operations

T: 086 049 9154  
E: triona@iicp.ie

**Marcella Finnerty**  
College President

T: 086 260 9989  
E: marcella@iicp.ie

### TO APPLY: Visit us online:

[www.iicp.ie/courses/certificate/](http://www.iicp.ie/courses/certificate/)

OR

Complete attached  
application form



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### SECTION 4: REFERENCES

Please give the names of two referees who can vouch for your suitability for entry onto this programme:

Name:	Name:
Nature of Relationship & Occupation:	Nature of Relationship & Occupation:
Contact Details:	Contact Details:

### CHECKLIST:

Please ensure that all items below are attached as we cannot consider incomplete applications.

- Non-refundable deposit of €390 (tick payment method below)
- Copies of Awards and Transcripts
- Up-to-date Curriculum Vitae

### PAYMENT METHODS:

**Online:** pay securely online at [www.iicp.ie/courses/certificate/](http://www.iicp.ie/courses/certificate/)

**Debit/Credit Card:** contact the office on 01 466 4205

**EFT Payment: BIC/Swift Code - AIBKIE2D IBAN - IE16AIBK93213212752502**

**Cheque/Postal Order/Bank Draft Enclosed:** make payable to IICP Education and Training Limited

**Cash Enclosed:**

  
  
  
  

Please note that bookings operate on a first paid, first secured basis so please book and pay promptly to avoid disappointment.

I wish to apply for the Certificate in Counselling and Psychotherapeutic Studies:

Signed:	Dated:
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All programmes are run subject to sufficient demand and the formation of a viable class cohort (which shall be determined in the sole discretion of IICP College). A refund of any fees paid will be given to applicants in the event that the programme does not proceed. Fees are not refundable in any other circumstances.

Receipts will be made available to you/your organisation on receipt of payment. Please note all fees are due in advance of programme commencement unless you have signed up to a payment plan.

IICP College would like permission to retain your contact details including your mobile number and email address which may be used to keep you informed about our future courses, events, offers and news.

- To receive such information, please tick the box. You can unsubscribe at any time.

Completed forms can be emailed to [Triona@iicp.ie](mailto:Triona@iicp.ie) or posted to Triona Kearns, Director of Registry and Operations, IICP College, Killinarden Enterprise Park, Tallaght, Dublin 24. Alternatively, completed forms may be dropped into the IICP College office in person.