



Foundation Course in Integrative Counselling & Psychotherapy

AIMS AND OBJECTIVES:

To develop basic applied counselling skills; To introduce participants to the major theoretical approaches; To prepare for entry into further training; To develop increased effectiveness in helping roles and relationships; To increase your emotional intelligence, self awareness and self understanding; To provide independent guidance on further training and career options.

COURSE CONTENT:

- Introduction to theoretical approaches to counselling, e.g. person-centred, cognitive-behavioural, multicultural, and existential models.
- Personal development
- Introduction to counselling skills

COURSE STRUCTURE:

The programme is highly interactive and taught through role-play, lectures, group work and audio/video presentations. The ethos of the course reflects the Quality School model of CT/RT/LM, which promotes a warm, safe environment that is free from fear, criticism and coercion. Participants will have the opportunity to produce and participate in individual written assignments, group projects and group work.

ENTRY REQUIREMENTS:

This course is suitable for those seeking to pursue their awareness and development in the field of counselling and/or who work in the helping/ caring professions. This course also may serve as a foundation for those who are seeking entry to core training programme in Counselling and Psychotherapy. On successful completion of this course graduates will receive a Foundation Certificate in Counselling and Psychotherapy.

VENUE

IICP Education and Training, Killinarden Enterprise Park, Killinarden, Dublin 24

COST:

€1050.00

SCHEDULE OF DATES:

This course runs over a period of 18 weeks, starting in April 2010 and finishes in September 2010. The course is facilitated on a weekly basis on Tuesday evenings from 7pm – 10pm. Schedule of dates are as follows:

1. Tuesday 20th April 2010
2. Tuesday 27th April 2010
3. Tuesday 11th May 2010
4. Tuesday 18th May 2010
5. Tuesday 25th May 2010
6. Tuesday 1st June 2010
7. Tuesday 15th June 2010
8. Tuesday 22nd June 2010
9. Tuesday 29th June 2010
10. Tuesday 6th July 2010
11. Tuesday 13th July 2010
12. Tuesday 20th July 2010
13. Tuesday 27th July 2010
14. Tuesday 10th August 2010
15. Tuesday 17th August 2010
16. Tuesday 24th August 2010
17. Tuesday 31st August 2010
18. Tuesday 7th September 2010



**REGISTRATION FORM
FOUNDATION CERTIFICATE COURSE
COUNSELLING & PSYCHOTHERAPY (Tuesday Course)**

Full Name: _____

Address: _____

Tel No: _____

Email : _____

Occupation: _____

Tuesday Cert Course

Deposit of €350* Enclosed **Full payment of €1050.00 Enclosed**

Deposit payment is non-refundable

Cheques/postal orders to be made payable to IICP Education and Training

*Receipts will be made available to you/your organisation on receipt of deposit/full payment. Please note all remaining course fees are due at registration or in advance. Cancellations must be made five working days in advance, or the course fee will be charged. Fees are non-refundable and full fees will be charged for no-shows on the day. Substitutions can be made at any time, subject to availability. We reserve the right to reschedule a course should the need arise. By completing and returning this Application Form you agree to our terms and conditions above.

Applications to: Ms. Gloria Fitzpatrick, IICP Education & Training,
Room 5, Killinarden Enterprise Park, Dublin 24

Further information contact:

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