

ENTRY REQUIREMENTS

Application is limited to mature students (over 23 years) with an established interest in and commitment to the use of counselling or counselling techniques as part of their work. Short listing and selection criteria will apply. Candidates will demonstrate evidence of at least some of the following:

- Foundation course in counselling skills or equivalent;
- Experience in personal development;
- Capacity to cope with emotional and intellectual demands of the course;
- Potential to form a therapeutic relationship
- Self-awareness, maturity and stability;
- Searching for meaning or purpose in the world in which they live;
- Proactive and self directed approach.

COURSE PHILOSOPHY

- To introduce those working in the caring professions to a practical cutting-edge approach to counselling and to afford them the opportunity of developing a personal and integrated style of working with clients.
- To train and equip students with the knowledge, skills, attitude and expertise to meet the needs of an increasingly pluralistic society.
- To provide a warm and challenging learning environment where students can learn and grow.
- To encourage students to view this course in the context of lifelong learning and personal as well as professional development.
- To provide training and education to the wider community of professionals working with marginalisation, disadvantage and diversity.
- To provide an on-site clinical placement for students with the Village Counselling Service to foster professional growth in one to one therapeutic practice.

COURSE FACULTY

Course Director: Marcella Finnerty, M.Sc., Postgraduate Dip. Clinical Supervision (Psychology) Advanced Instructor, The William Glasser Institute, MIACP and Supervisor, MWGII, MIGC, MIITD. Chairperson Tallaght Counselling and Therapy Centre. Joint Deputy Director TCD Masters in Educational Guidance and Counselling. Chairperson and founding member of The Village Counselling Service.

Ann Frey, B.Sc. (Counselling and Psychotherapy), Advanced Dip. Supervision, MIACP and Supervisor, MWGII and Supervisor.

Padraig O'Morain, B.Sc., (Hon. Psychology), Graduate Member British Psychological Society, MIACP, MWGII.

Norah Byrne, Dip. Counselling and Psychotherapy, Cert Ed and Training, Cert Social Science, Cert Addiction Studies, Cert Supervision, Cert Adult Literacy. MIACP, MWGII and Adv. Supervisor, MNADA, Clinical Manager, the Village Counselling Service.

Ciarán Dalton, N. Dip. B.D. M.A. M.Sc, MIGC., MBPS. Manager of the Village Counselling Service, course tutor and lecturer with IICP and DCU.

Jean Strong, BA Counselling and Psychotherapy, Cert. Body and Person Orientated Art Therapy, Dip. Art and Design, MIACP.

Dermot O'Neill, B.A., B.D., Instructor and Practicum Supervisor WGII

CONTACT

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IICP EDUCATION AND TRAINING LTD

WWW.IICP.IE

Diploma in Counselling and Psychotherapy

*This Diploma programme is
recognised by the Irish Association for
Counselling and Psychotherapy
(IACP)*

Course Hours (year one):

One Day Per Week

Wednesday from 9.30am to 4.30pm

Beginning Wednesday September 22nd, 2010

Ending Wednesday May 25th, 2011

Or

Saturday from 9.30am to 4.30pm

Beginning Saturday September 25th, 2010

Ending Saturday May 28th, 2011

CHOICE THEORY (CT)

Choice Theory is a cognitive-behavioural therapy (CBT) with a relationship-based approach to counselling and psychotherapy. It contends that all behaviour is internally motivated and is viewed as our best attempt to close the gap between what we want and what we perceive we are getting. CT with its problem-solving focus encourages people to learn new, creative and more effective behaviours to help themselves and to gain a sense of control over their lives.

PERSON CENTRED COUNSELLING (PCC)

PCC is based on a subjective view of human experience. A major goal is to provide a climate of safety and trust in the therapeutic setting so that the client, by using the therapeutic relationship for self-exploration, can become aware of blocks to growth. It emphasises the attitudes and personal characteristics of the therapist and the quality of the client-therapist relationship as the prime influences on the outcomes of therapy. This approach has been applied to bringing people from diverse cultures together, thus, the concepts have value in working in a multicultural context.

MULTICULTURAL COUNSELLING AND THERAPY (MCT)

MCT offers a structure for dealing with a diverse range of clients and presenting problems, placing background and culture within the helping process. It takes a broad view when defining culture to include socio-economic class, gender, race, ethnicity, disability, age, creed and sexual orientation. Knowledge and understanding by the counsellor of the client's socio-economic and cultural background are seen as essential in formulating appropriate intervention strategies.

DIPLOMA IN COUNSELLING AND PSYCHOTHERAPY

This diploma course provides comprehensive training that meets the required standards for professional accreditation (subject to the completion of post-diploma counselling hours as required by the Irish Association for Counselling and Psychotherapy). The course is cognitive-behavioural and integrative in approach embracing the concepts of Choice Theory, Person-Centred Counselling and Multicultural Counselling and Therapy.

Due to the many (and varied) responsibilities adult learners carry, a system of student care and support of participants is integral to the training programme. IICP also have established links with an on-site clinical placement in Killinarden, namely with the Village Counselling Service, which enables students to complete clinical hours (100 hours minimum) as required by IACP within an appropriate therapeutic setting.

COURSE CONTENT

- **Counselling Theory**
- **Counselling Skills**
- **Counselling Practice at the Village Counselling Service**
- **Personal and Professional Development**
- **Addictions**
- **Bereavement, Loss and Grief**
- **Suicide**
- **Self-esteem**
- **Boundaries**
- **Gender issues**
- **Learning styles**
- **Values, Beliefs and Attitudes**
- **Ethics**
- **Analytical Psychology (Carl Jung)**

The programme is highly interactive and taught through role-play, lectures, group work, assignments and clinical work. Personal development is facilitated through making use of and reflecting on life experience.

WHO SHOULD APPLY?

This course is designed for people who wish to become professional counsellors or upgrade their qualification base, or for those who have an opportunity to use counselling skills as part of their work, either in a paid or voluntary capacity. It is of special interest to those who work within community, to human resources professionals, hospital and other health-care personnel, teachers, Gardai, workplace supervisors, trade unionists and to anyone who works in formal helping settings.

COURSE HOURS

The course runs one day per week from September to May over two academic years. In addition there are three weekends over the duration of the course. There is an extra semester at the end of the second year to facilitate completion of course requirements.

COURSE FEES AND REGISTRATION

Course Fees

€3,850 per annum

(Now Inclusive of Specialist Seminars - Please Note Course Fees Have Not Increased Since 2005)

Final Semester – €850 (June 2012)

Additional costs will include:

- Personal therapy and supervision
- Associate membership with IACP
- Basic Intensive Week in Choice Theory, Reality Therapy and Lead Management

Course Registration

- There is a non refundable application fee of €50 for course applicants
- If successful in your application a non refundable deposit of €800 is payable on acceptance.
- The balance of course fees is due at registration two weeks prior to commencing the course in September.